



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

JUMP RIGHT IN

GRAND RIVER AREA FAMILY YMCA Swim Lessons Schedule

Session 3 2024: April 22 - June 15 (8 Week Session)

Baby & Me - Water Discovery

Start water discovery with parental/guardian assistance. Formerly known as Parent & Child.

Saturday **8:00 - 8:30 am**
Fee: \$45 Members / \$90 Program Participants

Level 2 - Water Movement

Encourages forward movement in water and basic self-rescue skills performed independently.

Saturday **10:15 - 10:45 am**
Fee: \$45 Members / \$90 Program Participants

PreK - Water Exploration

Begin water exploration and introduce basic safety and swimming skills with instructor assistance.

Saturday **8:45 - 9:15 am**
Fee: \$45 Members / \$90 Program Participants

Level 3 - Water Stamina

Develops intermediate self-rescue skills performed at longer distances than in previous stages

Saturday **11:00 - 11:30 am**
Fee: \$45 Members / \$90 Program Participants

Level 1 - Water Acclimation

Increases comfort with underwater exploration and introduces basic self-rescue skills performed with assistance.

Saturday **9:30 - 10:00 am**
Fee: \$45 Members / \$90 Program Participants

Level 4 - Stroke Introduction

Students in this stage develop stroke technique in front crawl and back crawl and learn the breast-stroke kick and butterfly.

Saturday **11:45 am - 12:30 pm**
Fee: \$90 Members / \$175 Program Participants

The Y can provide a quick swim evaluation during the first day of each swim session to ensure correct level placement for your child's best learning environment.

Each class must have a minimum of three swimmers registered prior to the start of the first lesson.

Special Needs Swim Lessons

Available upon request. Please call the Aquatics Director at (660) 646-6677 for more information.

Private and Semi-Private Swim Lessons

One-on-one swim lessons with a trained swim instructor are available beginning at age 3. Each 30-minute session is scheduled between the instructor and the participant.

Available upon request.

Fee: \$22 Members / \$44 Program Participants per half hour or 4 30-minute sessions for \$75 Members / \$150 Program Participants

Have a sibling or friend who wants to join in? Get two lessons at one time.

Fee: 4 30-minute sessions for two people for \$112.40 Members / \$225 Program Participants
(Both swimmers must be members to receive the member price.)

To receive text alerts concerning pool schedule reminders, changes, and updates, please text **@grypool2** to **81010**.